

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	1 FRIDAY
<p>*Blood Pressure checks have changed from Tuesdays to Thursdays ☺</p>	<p><b>**New group! For Fridays we have added Crochet and Knitting, please join us!</b></p>			<p>9:00 – 10:00 Exercise class</p> <p>10am Line Dancing</p> <p><b>** 12:30pm Crochet and Knitting</b></p>
<p>4 Life Center will be <b>closed</b>, See you Tuesday!</p> 	<p>5 12:30 Bingo</p> 	<p>6 <b>Birthday Day</b> 9:00 – 10:00 Exercise class</p> <p>Arts and Crafts  12:30pm</p> <p>6:00 Bridge Club</p>	<p>7 *Blood Pressure Checks 10:30am-11:30am</p> <p>Mexican Train Dominos 12:30</p> 	<p>8 9:00 – 10:00 Exercise class</p> <p>10am Line Dancing</p> <p><b>** 12:30pm Crochet and Knitting</b></p>
<p>11 9:00 – 10:00 Exercise class</p> <p><b>NV Legal Services</b> <b>By appointment only</b></p> 	<p>12 12:30 Bingo</p> 	<p>13 9:00 – 10:00 Exercise class.</p> <p>Arts and Crafts  12:30pm</p> <p>6:00 Bridge Club</p>	<p>14 Vision Scope 10:00 – 12:00</p>  <p>*Blood Pressure Checks 10:30am-11:30am</p> <p>Mexican Train Dominos 12:30</p> <p>6:45 Lions Club</p>	<p>15 9:00 – 10:00 Exercise class</p> <p>10am Line Dancing</p> <p><b>** 12:30pm Crochet and Knitting</b></p> 
<p>18 9:00 – 10:00 Exercise class</p> 	<p>19 12:30 Bingo</p> 	<p>20 9:00 – 10:00 Exercise class</p> <p>Arts and Crafts 12:30pm</p> <p><b>People First</b> <b>5:00pm-7:00pm</b></p> <p>6:00 Bridge Club</p>	<p>21 Churchill Community Coalition 10:30 – 12:00</p> <p>*Blood Pressure Checks 10:30am-11:30am</p> <p>Mexican Train Dominos 12:30</p>	<p>22 9:00 – 10:00 Exercise class</p> <p>10am Line Dancing</p> <p><b>** 12:30pm Crochet and Knitting</b></p>
<p>25 9:00 – 10:00 Exercise class</p> 	<p>26 12:30 Bingo</p> 	<p>27 9:00 – 10:00 Exercise class</p> <p>Arts and Crafts  12:30pm</p> <p>6:00 Bridge Club</p>	<p>28 *Blood Pressure Checks 10:30am-11:30am</p> <p>Mexican Train Dominos 12:30</p>	<p>29 9:00 – 10:00 Exercise class</p> <p>10am Line Dancing</p> <p><b>** 12:30pm Crochet and Knitting</b></p>



Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> Soup of the Day  Hot Dog & Chili Sauerkraut Garden Salad Butterscotch Pudding Strawberry Cup
<b>4</b>  <b>Closed for Labor Day</b>	<b>5</b> Soup of the Day  Beef Stew Over Noodles Biscuit Garden Salad Chantilly Fruit Cup	<b>6</b> Soup of the Day <b>BIRTHDAY DAY!!!!</b> Popcorn Shrimp <b>or</b> Popcorn Chicken Fries Garden Salad Mixed Fruit Cup French Bread <b>Birthday Cake</b>	<b>7</b> Soup of the Day  Breaded Chicken Mashed Potatoes Gravy Garden Salad Mixed Vegetables Apricots Oatmeal Cookie 9 Grain Bread	<b>8</b> Soup of the Day  Salisbury Steak Mashed Potatoes Buttered Corn Pineapple Upside Down Cake Garden salad
<b>11</b> Soup of the Day  Lasagna Spinach Garlic Bread Fresh Orange	<b>12</b> Soup of the Day  Turkey & Cheese Sandwich w/ Lettuce, Tomato and Onion Cantaloupe	<b>13</b> Soup of the Day  Chicken Fried Steak Mashed Potatoes Zucchini Biscuit Strawberry Shortcake	<b>14</b> Soup of the Day  Pub House Cod Sweet Potato Fries Coleslaw Spice Cake Pears	<b>15</b> Soup of the Day  Fruity Breakfast Parfait Plain Omelet Bacon Hash browns Tropical Fruit Cup Orange Juice
<b>18</b> Soup of the Day  Apple Topped Pork Chop Green Salad w/ Tomato Baked Sweet Potato Wheat Bread Rice Crispy Treat	<b>19</b> Soup of the Day  Liver & Onions <b>or</b> Chopped Beef Sliced Tomatoes Mashed Potatoes Mexicorn Wheat Bread Sliced Peaches	<b>20</b> Soup of the Day  B.L.T on WW Bread Carrots and Celery Vanilla Pudding Grapes	<b>21</b> Soup of the Day  Hot Turkey Sandwich Mashed Potatoes & Gravy Peas & Carrots Tomato Vinaigrette Cranberry Sauce Cookie	<b>22</b> Soup of the Day  Alaska Pollock Wild Rice Green Beans Garden Salad Cherry Crisp
<b>25</b> Soup of the Day  Fried Chicken Mashed Potatoes Gravy Coleslaw Biscuit Tossed Salad Cinnamon Pears	<b>26</b> Soup of the Day  Meatloaf Mashed Potatoes Steamed Spinach Lettuce & Tomato Salad Wheat Bread Chantilly Fruit	<b>27</b> Soup of the Day  Chicken Tamales Spanish Rice Seasoned Zucchini Green Salad w/ Tomato Mandarin Oranges	<b>28</b> Soup of the Day  Mambo Pork Roast Corn Muffin Broccoli Tossed Salad Pineapple Pumpkin Pie	<b>29</b> Soup of the Day  Seasoned Chicken Nuggets Green Beans w/ Mushrooms Sweet Potatoes Tossed Salad Gingerbread

2% Milk offered daily; included with meal

Soup Served Daily 11 – 11:30 ■ Lunch Served 11:30 a.m. – 12:30 p.m.

Age 60 and over: \$3.00 Suggested Donation (under age 60: \$6.00)